



The Power of Mentoring!

MentorWorks

National studies show that there is **POWER** in Mentoring!

BENEFITS OF MENTORING?

- Improves self-esteem
- Keeps young people in school
- Helps improve academic skills
- Leads young people to resources they might not find on their own
- Provides support for new behaviors, attitudes, and ambitions
- Increases young people's ability to seek and keep jobs

STUDIES SUPPORT MENTORING

Studies have found that students who regularly met with mentors for a year:

- Were 46 percent less likely than their peers to start using illegal drugs
- Were 27 percent less likely to start drinking
- Were 52 percent less likely to skip a day of school
- Were more trusting of their parents or guardians
- Were less likely to lie to their parents or guardians
- Felt more supported and less criticized by their peers and friends

Fairfax County Public Schools

MentorWorks

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Fairfax County Public Schools
Department of Special Services
Alice M. Farling, Assistant Superintendent

Office of Student Services
Shelley Prince, MentorWorks Specialist
8115 Gatehouse Rd. Suite 4700
Falls Church, VA 22042
Phone: 571-423-4432
Fax: 571-423-4407
Shelley.Prince@fcps.edu
www.fcps.edu/ss/MentorWorks



WHAT IS A MENTOR?



A mentor is a caring, responsible person who is interested in giving time to a student, encouraging the child to develop his/her strengths and capabilities. The mentor is described as:

- A role model**
- A friend**
- A guide**
- A listener**
- A motivator**
- An advocate**



QUALITIES OF AN EFFECTIVE MENTOR

- Personal commitment
- Persistence
- Respect for others
- Compassion
- Flexibility
- Openness
- Sensitivity to differences
- Sincerity

ALL ABOUT MENTORWORKS



MentorWorks is the umbrella name for school-based mentoring programs in Fairfax County Public Schools. MentorWorks began as an initiative in 1999.

Mission: To connect every Fairfax County Public School student to a caring, responsible adult.

Partners: MentorWorks is a joint venture of the following partners:

- Fairfax County Public Schools
- Fairfax County Council of PTAs
- Fairfax Partnership for Youth

Goals:

1. To broaden the scope of mentoring programs to reach more students.
2. To continue collaboration efforts with the MentorWorks partners.
3. To provide appropriate levels of support to schools, business/industry, and community.

5-Star Approach:

MentorWorks has a 5-Star Approach to supporting mentoring programs in FCPS. We provide:

- ★ Resources and Support
- ★ Training and Technical Assistance
- ★ Communications and Public Awareness
- ★ Recruiting
- ★ Evaluation and Research



THE ROLE OF A MENTOR

All of the following are important activities that mentors can provide in the lives of their students:



Academic Support

Mentors encourage academic success by showing the benefits of staying in school and evaluating educational choices.

Role Modeling

Mentors help students see and strive for broader horizons and possibilities.



Attention and Support

Mentors provide dependable and consistent attention and support through listening, guiding, and encouraging students to reach their full potential.

For information about becoming a mentor or finding a mentor for your son or daughter, visit our website:
www.fcps.k12.va.us/ss/MentorWorks